

Seat Belt Safety Checklist

Take this 11 point test to see if you should replace your seat belts. If there are any failed criteria, any evidence that the seat belt was in use during a crash, or if there is any doubt, the seat belt should be replaced.

Tongue & Buckle Assembly:

- The assembly securely latches together with no wiggle or free play
- The tongue ejects or springs out when released
- There are no visible cracks on the buckle, and the buckle cover is intact
- The tongue has no metal deformation, rust, or visible cracks on metal or plastic

Retractor:

- Pull the belt out as far as it can go, and then release it. The belt returns all the way into the retractor without sticking, gripping, or stalling.
- The retractor locks when the webbing is jerked suddenly

Webbing:

- The webbing is securely attached to end fittings with no sign of broken or stretched stitching
- The webbing is flat along its entire length with no burns, nicks, tears, or fraying
- The webbing is free of excessive fading or bleaching from sun damage

Mounting/Anchorage:

- All hardware is free from corrosion and securely fastened to the vehicle
- There are no signs of deformation

Notes:
